ACTIVITIES
The following is a list of extracurricular activities for which the Day Dreams Foundation has provided full or partial scholarships to date. The maximum scholarship is $500 per calendar year, per child. Scholarships may be renewed for additional activities/years provided the child completes all requirements of the program. If you do not know whether an activity will qualify, please contact us!

- Organized sports teams
- Dance classes
- Music lessons
- Art classes
- Acting/theater classes
- Gymnastics
- Cheerleading
- Activity specific camps (i.e., STEM, dance, soccer, etc.)
- Columbia Area Career Center summer camps
- Overnight camps
- Martial arts classes
- Swim lessons

ELIGIBILITY
In order to qualify for a Day Dreams Foundation scholarship, applicants must meet the following eligibility requirements:

- Live in the Columbia Public Schools district.
- Ages 5-18 (at time of application).
- Qualify for free or reduced lunch at school. Through June 2021, we will also accept applications from families financially impacted by COVID-19.
- Submit application at least TWO WEEKS in advance.
ACADEMIC

KUMON MATH AND READING CENTER OF COLUMBIA
Website: kumon.com/columbia

MATHNASIUM
Contact: Jody Doppelt
Email: columbiamo@mathnasium.com
Phone: (573) 445-7040
Website: mathnasium.com/columbiamo
Address: 3103 W Broadway #103, Columbia, MO 65203
What extracurricular activities do you offer?
Year-round and summer math programs.

AFTER SCHOOL ENRICHMENT

BOYS & GIRLS CLUBS OF COLUMBIA
Website: bgc-columbia.org

CENTRO LATINO
Website: centrolatino.missouri.org

COMO YOUTH WORKS (INSPIRING ACADEMY)
Website: comoyouthworks.org

GRADE A+
Website: gradeaplusinc.org

MOVING AHEAD
Website: columbiaha.com/services/moving-ahead-afterschool-program

SNAPOLOGY OF COLUMBIA
Contact: Rehab Soliman
Email: rubysoliman@snapology.com
Phone: 573-489-7618
Website: snapology.com/location/columbia
Address: 1303 Ashland Road, Columbia, MO 65201
What extracurricular activities do you offer?
At Snapology we believe that children are meant to learn through play. When children are engaged in interactive, hands-on learning activities, their creativity flourishes and they show an increased interest in school. We help your child grow up with a thirst for knowledge. How do we do it? Snapology engages children ages 1-14 using LEGO® bricks, K’Nex and technology. While the kids are having fun with familiar toys, laptops and iPads, we sneak in the learning. Shh, don’t tell them it’s educational! Snapology is the premier partner for STEAM programs, offering year-round programs in schools, community facilities, local businesses and homes. Kids have so much fun in our programs that they don’t even realize they’re learning! Serving Columbia, MO and surrounding areas.
What extracurricular activities for you offer?
CAL Art Camps provide quality art instruction that mixes technique and skill-building with opportunities for creative freedom and self-expression for kids ages 6-12. Our summer camps take place from 9-3, Monday through Friday, all summer long. Each week is a different camp with a different theme, so there's sure to be something for everyone!

ATHLETIC PERFORMANCE TRAINING

What extracurricular activities for you offer?
We offer sports performance training for athletes ages 12 and older. Since our opening in 2014, we have worked with hundreds of youth athletes to help them achieve their goals! Our sports performance program has helped produce high level athletes at every single level of competition from little league to the pros. Please check us out on Facebook for more info!

HAM FAM TRAINING
Website: hamfamtraining.com

BASEBALL

What extracurricular activities for you offer?
We offer sports performance training for athletes ages 12 and older. Since our opening in 2014, we have worked with hundreds of youth athletes to help them achieve their goals! Our sports performance program has helped produce high level athletes at every single level of competition from little league to the pros. Please check us out on Facebook for more info!

COLUMBIA ART LEAGUE
Website: columbiaartleague.org
Address: 207 S. 9th St., Columbia, MO 65201
### SYNERGY SPORTS
**Contact:** Anne Sievers  
**Email:** info@synergysportsmo.com  
**Phone:** 573-449-4111  
**Website:** synergysportsmo.com  
**Address:** 4115 South Providence Road, Columbia, MO 65203

**What extracurricular activities for you offer?**  
Preschool Basketball (winter)  
Recreational Basketball (fall/winter)

### UPWARD SPORTS
**Website:** play.upward.org

### CHEER AND TUMBLING

**ALL-STAR PERFORMANCE INSTITUTE**  
**Website:** www.apicomo.com

**CENTRAL MISSOURI ALL STARS**  
**Website:** cmascheer.com

### CHESS

**MID MISSOURI CHESS ACADEMY**  
**Contact:** Tim Campbell  
**Email:** trjcamp@aol.com  
**Phone:** 573-823-8766  
**Website:** facebook.com/Mid-Missouri-Chess-Academy-60883411804  
**Address:** 1512 Business Loop 70 West, Suite E, Columbia, MO 65202

**What extracurricular activities for you offer?**  
Private Basic, Intermediate and Advanced Chess Instruction using a confidence-building, learn-at-your-own-pace teaching approach. $20 per hour lesson for private individual lessons. $15 per student per hour lesson for small group lessons. Currently only doing private individual online lessons, but will resume in-person individual and small group lessons when local health order allows. Also, the academy organizes US-CF-rated scholastic chess tournaments for area K-12 students.

### BASKETBALL

#### TEAM BLACKOUT
**Contact:** Aqua Bradley  
**Email:** bradleyaquanta@yahoo.com  
**Phone:** 573-999-6037  
**Website:** facebook.com/Hardworkallday  
**Address:** Columbia, MO

**What extracurricular activities for you offer?**  
Travel/AAU Girl Basketball Team 8th-11th grade

#### COLUMBIA MAGIC
**Website:** comomagicbball.com

#### COLUMBIA SUPREME
**Website:** www.columbiasupreme.com

#### COLUMBIA YOUTH BASKETBALL ASSOCIATION
**Contact:** Carie Copeland  
**Email:** cybabasketball@gmail.com  
**Phone:** 5738758124  
**Website:** cybahoops.org  
**Address:** PO BOX 30725, Columbia, MO 65205

**What extracurricular activities for you offer?**  
We are a recreational basketball league for grades 1-12 for the Columbia MO area youth.

#### COMO TNT
**Contact:** Tyree Goolsby  
**Email:** comoTNT573@gmail.com  
**Phone:** 573-424-5645  
**Website:** @CoMoTNT on Facebook, Instagram and Twitter  
**Address:** Columbia, MO

**What extracurricular activities for you offer?**  
We offer competitive traveling boys’ basketball, grades 4th-12th.

#### LITTLE SPORTS MISSOURI
**Website:** littlesportsusa.com

#### MID MO ELITE
**Website:** midmoelite.com

#### PORTER BASKETBALL ACADEMY
**Website:** twitter.com/pba_elite
CULINARY

BACK 2 BASICS COOKING
Website: back2basicscooking.net

DANCE

JABBERWOCKY

JABBERWOCKY STUDIOS
Contact: Linda Schust
Email: jabberwockycomo@gmail.com
Phone: 573-239-9899
Website: Jabberwockystudios.org
Address: 1308 Grand Street, Columbia, MO 65203
What extracurricular activities for you offer?
Jabberwocky offers dance, including hip hop and break dance, for people of all ages. We offer theater productions and camps, mural painting, slam poetry, and STEAM camps. EVERYONE is welcomed at Jabberwocky. Find out more at Jabberwockystudios.org.

SCHOOL OF MISSOURI CONTEMPORARY BALLET
Contact: Alice Wells
Email: school@missouricontemporaryballet.org
Phone: 573-825-0095
Website: missouricontemporaryballet.org/school
Address: 110 Orr Street, Suite 102 & 106, Columbia, MO 65201
What extracurricular activities for you offer?
The School of MCB offers dance classes for students of all levels and abilities, ages 3-adult. In order to meet the needs of as many dancers as possible, both our year-round and summer programs include classes in the following divisions:
- Children's Division (ages 3 and up)
- Pre-Professional Division (ages 8 and up)
- Adult/Teen Division (Teens and Adults)
- DanceAbility (Students with disabilities, ages 4 and up)

THE CLARK ACADEMY OF IRISH DANCE
Contact: Annie Eisenbeis
Email: annie@theclarkacademy.com
Phone: 314-324-6886
Website: caidcomo.com
Address: 2529 Bernadette Drive, Columbia, MO 65203
What extracurricular activities for you offer?
The Clark Academy of Irish Dance offers recreational and competitive lessons for ages 5 and up. CAID believes in building self-esteem and self-fulfillment of students through positive reinforcement and encouragement. We strive to provide a nurturing and communicative support system in which dancers can freely express themselves and learn "real world" life skills through the discipline of Irish Dance. The Clark Academy promotes a healthy, balanced lifestyle for all dancers, and we welcome new beginners (youth and adults) all year round!

COLUMBIA DANCE ACADEMY
Website: columbiadanceacademy.com

If your organization would like to advertise in our next YOUTH ACTIVITIES DIRECTORY, contact Tricia in the Day Dreams Foundation office by email at: tricia@daydreamsfoundation.org
COLUMBIA PERFORMING ARTS CENTRE
Contact: Amy Lynch
Email: cpac@cpac-dance.com
Phone: 573-441-1818
Website: cpac-dance.com
Address: 100 North Cedar Lake Drive East, Columbia, MO 65203
What extracurricular activities do you offer?
Dance Instruction - Ages 2-18
Beginning - Advanced Levels
Ballet, Tap, Jazz, Hip Hop

COMOTION DANCE
Website: comodance.com

DANCEARTS OF COLUMBIA
Website: danceartsofcolumbia.com

THE DANCE ACADEMY
Website: thedanceacademycomo.com

THE PERLMAN-STOY SCHOOL OF BALLET
Website: perlmancostoyballet.com

MIZZOU CENTER STAGE DANCE
Website: facebook.com/MizzouCenterStage

SPIRIT OF EXCELLENCE CHEER & DANCE
Website: facebook.com/Spiritofexcellenceworldwide

EQUESTRIAN

ANDERSON EQUESTRIAN CENTER, LLC
Contact: Katy Anderson
Email: katina@andersonequestrian.com
Phone: 573-881-2629
Website: andersonquestrian.com
Address: 8101 East Highway WW, Columbia, MO 65201
What extracurricular activities do you offer?
Riding instruction taught by an instructor certified with the American Equestrian Association and holding a MED in Education. Specialized courses, Summer and holiday camps, Birthday party lessons, Specialized lessons/ horse experiences

CEDAR CREEK THERAPEUTIC RIDING CENTER
Website: cedarcreek.missouri.org

COLUMBIA EQUESTRIAN CENTER
Contact: Kris Wallace
Email: Columbiaequestrian@yahoo.com
Phone: 573-356-7993
Website: Columbiaequestriancenter.com
Address: 4370 North Andrews Lane, Columbia, MO 65202
What extracurricular activities do you offer?
Riding lessons, camps, pony (birthday) parties.

GLendale STABLES
Website: glendalestables.com

HIGH SPIRITS FARM
Website: facebook.com/HighSpiritsFarmLLC

LIONHEART RIDING ACADEMY
Website: lionheartridingacademy.com

MID MO RIDING CENTER
Website: facebook.com/Mid-Mo-Riding-Center-316638145494918

SUNNY OAK FARM
Website: thesunnyoakfarm.com

FITNESS

CROSSFIT FRINGE
Contact: Tyler Lasley
Email: info@crossfitfringe.com
Phone: 573-228-2233
Website: crossfitfringe.com
Address: 901 Old 63 North, Columbia, MO 65201
What extracurricular activities do you offer?
CrossFit Kids program
Junior Varsity program is 6-12
Varsity 12-18

SYNERGY SPORTS
Contact: Anne Sievers
Email: info@synergysportsmo.com
Phone: 573-449-4111
Website: synergysportsmo.com
Address: 4115 South Providence Road, Columbia, MO 65203
What extracurricular activities do you offer?
Fitness Training

FOOTBALL

COLUMBIA YOUTH FOOTBALL LEAGUE
Email: cyfl.information@gmail.com
Website: clyouthfootball.com
Address: PO Box 7052, Columbia, Missouri 65202
What extracurricular activities do you offer?
Flag football leagues for Kindergarten, 1st and 2nd Graders
Tackle football leagues for 3rd - 6th graders

Every kid deserves to be a star!
GAMING

COLUMBIA POKEMON LEAGUE
Contact: Johnathan Mallott
Email: columbiapokemonleague@gmail.com
Phone: 573-239-6737
Website: facebook.com/ColumbiaPokemon
Address: 1906 N. Providence Rd, Columbia, MO 65202

What extracurricular activities for you offer?
The Columbia Pokemon League hosts free weekly events for all ages and skill levels. Whether you want to add to your collection through fair trading or turn your collection into a deck for some friendly competition, we can help! We host weekly free Pokemon Trading Card Game Tournaments, as well as officially sanction Pokemon League Challenges and Cups with a fee and better prizes. Please visit our Facebook page for specific dates and times.

GOLF

COLUMBIA GOLF FOUNDATION
Contact: John Weston
Email: Columbiagolffoundation@gmail.com
Phone: 573-356-7059
Website: columbiagolffoundation.org
Address: PO Box 1384, Columbia, MO 65205

What extracurricular activities for you offer?
Junior golf camps, girls golf camp, junior golf league, and the Rising Stars girls golf mentor program.

GYMNASTICS

AUTHORITY GYMNASTICS
Website: authoritygymnastics.com

ELEVATE GYMNASTICS & FITNESS
Website: elevategymfit.com

FLIPZ USA GYMNASTICS
Contact: Delanye Fudge
Email: dpf0901@gmail.com
Phone: 573-474-6300
Website: flipzusacolumbia.com
Address: 900 Hillsdale Rd, Columbia, MO 65201

What extracurricular activities for you offer?
Flipz USA Gymnastics is a family-oriented facility with programs for ages 18 months to 18 years. We offer high-quality gymnastics instruction in a safe environment. This includes preschool and recreational classes as well as our competitive team. Our program exists to provide every participant with a chance to succeed by developing confidence, perseverance, a love of exercise, and a sense of accomplishment in their abilities. We believe strongly in the importance of sportsmanship, goal setting and achieving, respect, and the development of a strong work ethic.

SHOW-ME GYMNASTICS
Website: show-megymnastics.com

TIGER ACADEMY OF GYMNASTICS
Website: tiger-academy.com

LACROSSE

COLUMBIA GIRLS LACROSSE
Website: girls.comolax.org

MID MISSOURI LACROSSE LEAGUE
Website: youth.comolax.org

MARTIAL ARTS

BU TING XI KUNG FU ACADEMY
Contact: Alex Butler
Email: shifugregb1@gmail.com
Phone: 573-823-8060
Website: bttxkungfu.com
Address: 110 E. Broadway, Columbia, MO 65201

What extracurricular activities for you offer?
Offering classes in Longfist & Praying Mantis Kung Fu for ages 5 & up. A great form of exercise while learning an ancient Martial Art.

CAVALO BRAZILIAN JIU JITSU
Website: cavalobjj.com

GRACIE HUMAITA COLUMBIA MISSOURI
Website: graciehumaitacolumbia.com

GRACIE BARRA COLUMBIA BRAZILIAN JIU JITSU & SELF DEFENSE
Website: graciebarra.com/columbia-mo

HOCKMANS ATA MARTIAL ARTS
Website: hockmansata.com

JAGUAR SELF DEFENSE AND FITNESS
Website: jaguarselfdefense.com

MID MISSOURI JUDO
Website: midmojudo.org

RIFKIN PROFESSIONAL KARATE CENTER
Website: rifkinprokarate.com
**TRADITIONAL YOUN WHA RYU MARTIAL ARTS**
Contact: Mark Meighan  
Email: mark@omniaimprints.com  
Phone: 573-864-1175  
Website: younwha.com  
Address: 413 Chandler St., Moberly, MO 65270  
**What extracurricular activities for you offer?**  
Traditional Martial Arts training for children and families. Several locations in Columbia and surround areas, Ages 5-95. Beginners are always welcome. Call for FREE TRIAL.

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**MUSIC**

**HUMMINGBIRDHOUSE MUSIC STUDIO**
Contact: Margaret Waddell  
Email: hummingbirdmusic2@gmail.com  
Phone: 314-606-2794  
Website: facebook.com/hummingbirdhousemusicstudio  
Address: 2303 E. Walnut St. Columbia, MO 65201  
**What extracurricular activities for you offer?**  
"Music Moves for Piano" lessons for 4yrs. - Adult.  
"Music Play" parent-assisted classes for 0-6 yrs.  
"Jump Right In to Singing" group lessons for 5-11.  
"Drumming Up the Fun!" group lessons for 4-7 yrs.  
"World Music Drumming" lessons for 8-12 yrs.  
Irish Tin Whistle small group lessons for 7-12 yrs.  
ABCDance (Alternative to Ballet Class) for 4-7 yrs.  
ALL LESSONS ADAPTED FOR NEED AND ABILITY.

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**COLUMBIA YOUTH CHOIRS**
Contact: Kara Smith  
Email: cyccoordinator@choralartsallianceofmissouri.org  
Phone: 520-220-7047  
Website: choralartsallianceofmissouri.org  
Address: PO Box 1746, Columbia, MO 65205  
**What extracurricular activities for you offer?**  
Choral Arts Alliance of Missouri’s youth choir extension Columbia Youth Choirs (CYC) was established in 2013 to serve students in grades K-12 of any ability level, economic background, and cultural or religious affiliation. Its membership represents over 30 public, private, and homeschool programs in the region. The seven choirs and CYC Academy classes offered ensure any interested singer an opportunity to receive high-quality vocal music education at an affordable price.

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**ACCESS PERCUSSION**
Website: apdrums.com

**A MAJOR MUSIC LESSONS**
Contact: Carol Allers  
Email: contact@amajor.net  
Phone: 847-807-1800  
Website: amajormusiclessons.com  
Address: 607 Jackson St., Columbia, MO 65203  
**What extracurricular activities for you offer?**  
Private music lessons for all skill levels, ages 5 years and up - piano, guitar, drums, violin, voice and more! Take lessons in our studio, online (via Zoom) or in your home. Free trial for all new students. Call to schedule your appointment today.

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**THE ATELIER SCHOOL OF CREATIVE LEARNING**
Website: theatelierschool.com

**COLUMBIA MUSIC LESSONS**
Contact: Lisa Wampler  
Email: info@ColumbiaMusicLessons.com  
Phone: 314-223-2927  
Website: ColumbiaMusicLessons.com  
Address: Contact Lisa for Online Lessons  
**What extracurricular activities for you offer?**  

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**JULIE’S MUSIC & LANGUAGE STUDIO**
Website: juliesmusicandlanguagestudio.musicteachershelper.com

**KINDERMUSIK WITH GRETCHEN**
Website: kindermusikwithgretchen.kindermusik.com

**LESSONS WITH ROBIN**
Website: robineanderson.com

**LISA ROSE MUSIC**
Website: facebook.com/lisarosemusic

**MU SCHOOL OF MUSIC**
Website: music.missouri.edu/community-music-program

**THE MUSIC SUITE**
Contact: Pat Rybolt  
Email: pat@musicsuite.net  
Phone: 573-442-3040  
Website: musicsuite.net  
Address: 1906 N. Providence Columbia, MO 65202  
**What extracurricular activities for you offer?**  
Piano lessons, flute lessons, guitar lessons, ages 9 to adult for guitar 11 to adult for flute and 7 to adult for piano.
PALEN MUSIC CENTER
Contact: Eric Matzat
Email: ematzat@palenmusic.com
Organization Phone Number: (573) 256-5555
Website: palenmusic.com
Address: 2609 E. Broadway, Columbia, MO 65201
What extracurricular activities for you offer?
Palen Music Center offers music instruments, accessories, repair, and lessons. Come visit one of our experts and we will help match you with an instrument. We offer band and orchestra instrumental rentals with a very flexible, affordable program. It’s easy to get started and we would love to help!

SHOW ME GUITARS
Website: showmeguitars.com

VICTORIA ROZE MANZINI
Website: hulafrog.com/columbia-mo/victoria-roze-manzini

ROCK CLIMBING
THE BOULDERING GARDEN
Contact Website: theboulderinggarden.com

SCOUTING

BOY SCOUTS OF AMERICA, GREAT RIVERS COUNCIL
Contact: Aaro Froese
Email: aaro.froese@scouting.org
Phone: 573-449-2561
Website: grcbsa.org
Address: 1203 Fay Street, Columbia, MO 65201
What extracurricular activities for you offer?
BSA programs are divided by age and activity: Cub Scouting is for boys and girls in kindergarten through 5th grade, Scouts BSA is open to young men and young women in grades 6 through 12, and co-ed Venturing and Sea Scouting are available for young men and young women age 14 through 20. The BSA also offers career-oriented co-ed Exploring programs to youth age 10 through 20. Traditional Scouting programs are operated by local chartering organizations, such as religious institutions, clubs, civic associations, and educational organizations, which implement the Scouting program for youth within their communities. In order to further outdoor activities, which are core to Scouting’s mission, we have Lake of the Ozarks Scout Reservation where our summer camp and other year-round activities and events are held.

GIRL SCOUTS OF THE MISSOURI HEARTLAND
Contact: Wendy Whelan
Email: wwhelan@girlscoutsmoheartland.org
Phone: 877-312-4764
Website: girlscoutsmoheartland.org
Address: 230 Metro Drive, Jefferson City, MO 65109
What extracurricular activities for you offer?
At Girl Scouts, your girl will prepare for a lifetime of leadership, success, and adventure in a safe, no-limits place designed for and by girls! How? Through the Girl Scout program—a collection of engaging, challenging, and fun activities like earning badges, going on awesome trips, selling cookies, exploring science, getting outdoors, and doing community service projects. At Girl Scouts, she’ll get to lead her own adventure (it’s her world!) and team up with other girls in an all-girl environment to choose the exciting, hands-on activities that interest her most. Along the way, she’ll gain important skills in four areas that form the foundation of the Girl Scout program: STEM, Outdoors, Life Skills, and Entrepreneurship.

SOCCER

CINCO ESTRELLAS FÚTBOL CLUB
Website: facebook.com/columbia5estrellas

LITTLE SPORTS MISSOURI
Website: littlesportsusa.com

MAC SPORTS
Website: missouriathleticcenter.com

SPORTING COLUMBIA
Website: sportingcolumbia.net

SYNERGY SPORTS
Contact: Anne Sievers
Email: info@synergysportsmo.com
Phone: 573-449-4111
Website: synergysportsmo.com
Address: 4115 South Providence Road, Columbia, MO 65203
What extracurricular activities for you offer?
Preschool Soccer
Recreational Soccer

(continued next column)
“Practice isn’t the thing you do once you’re good. It’s the thing you do that makes you good.”
— Malcolm Gladwell
**VOLLEYBALL**

**CLUB COMO VOLLEYBALL**
Website: clubcomovolleyball.com

**COLUMBIA UNITED VOLLEYBALL**
Website: columbiaunitedvolleyball.com

**VB PRO**
Website: vbproacademy.com

**WRESTLING**

**COLUMBIA WRESTLING CLUB**
Email: columbiawrestlingclub@gmail.com
Website: cwc4youth.org
What extracurricular activities for you offer?
Columbia Wrestling Club (CWC) teaches 5 to 14 year-old youths the sport of wrestling, with a focus on the fundamentals, sportsmanship, fun and teamwork of wrestling.

**YOGA**

**THE ATELIER SCHOOL OF CREATIVE LEARNING**
Website: theatelierschool.com

**SUNLIGHT FAMILY YOGA**
Website: facebook.com/Sunlightfamilyyoga

**YOGA TO GROW**
Website: yogatogrow.com